

EVOlocumab for early reduction of LDL-cholesterol levels in Patients with Acute Coronary Syndromes (EVOPACS)

A randomized, double-blind, placebo-controlled multicenter study

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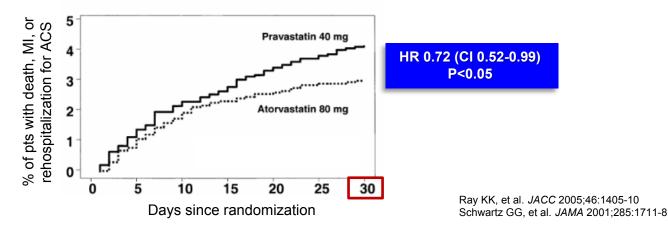
Declaration of interest

- Others (Honoraria: Amgen, Sanofi)



Background

LDL-C lowering by means of high-intensity statins results in early (within 30 days) clinical benefit when administered in the acute phase of ACS.



| Recommendations | Class ^a | Level ^b |
|---|--------------------|--------------------|
| It is recommended to initiate or continue <u>high dose statins early after admission in all ACS patients</u> without contra-indication or history of intolerance, regardless of initial LDL-C values. | 1 | A |





Background

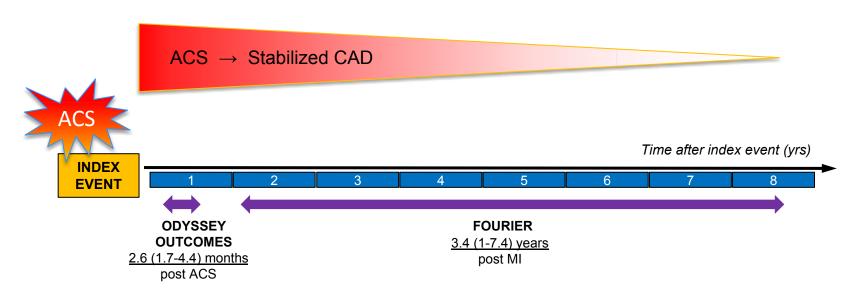
- PCSK9 antibodies result in rapid, profound LDL-C reduction in patient populations without atherosclerotic cardiovascular disease or with stable / stabilized CAD
- LDL-C reduction with PCSK9 antibodies has not been tested in the acute setting of ACS, a clinical setting with highest risk of early event recurrence
- Against a background of pleiotropic effects of statins and non-statin agents (ezetimibe) on inflammatory biomarkers, platelet reactivity, and prevention of contrast-induced acute kidney injury, it remains largely unknown whether PCSK9 antibodies share similar beneficial effects





Background

Timing of patient enrolment after ACS in previous PCSK9-inhibitor trials

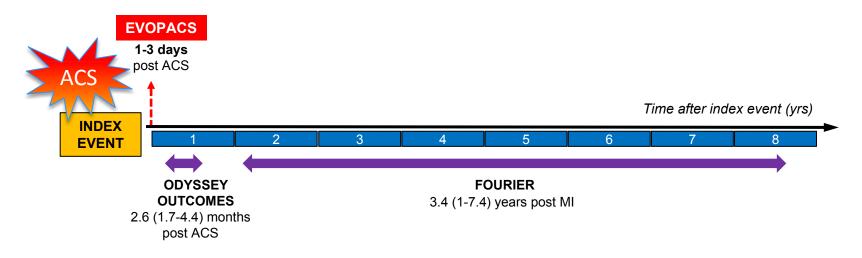






Study Hypothesis

 PCSK9 inhibition with evolocumab, administered in the early phase of ACS, is well tolerated and results in greater reduction of LDL-C levels at 8 weeks compared with placebo in patients receiving with high-intensity statin treatment





Study Organisation



Sponsor

Inselspital Bern, Switzerland

Study Chair

Prof. Stephan Windecker

Primary Investigator

Dr. Konstantinos Koskinas

Co-Primary Investigators

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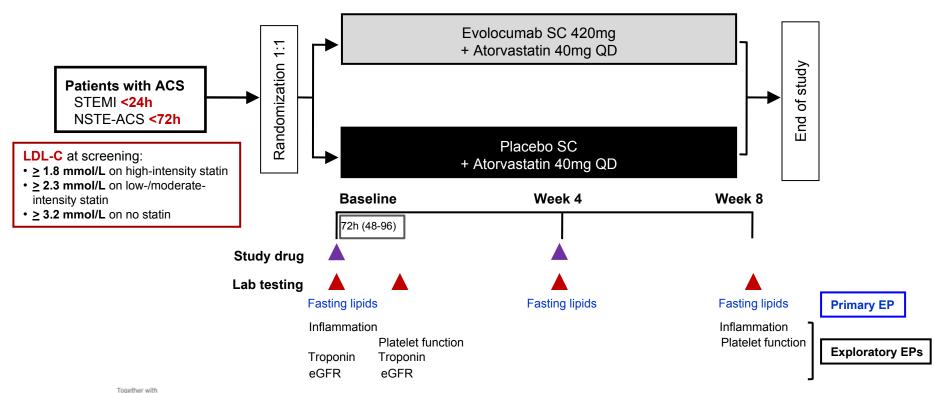
Study Endpoints

- Primary EP: % Change in LDL-C from baseline to 8 weeks
- Secondary EP: Safety and tolerability
- Exploratory EPs:
 - hs-CRP and other inflammatory biomarkers
 - Platelet reactivity
 - Contrast-induced acute kidney injury
 - Post-PCI myocardial injury





Study Design

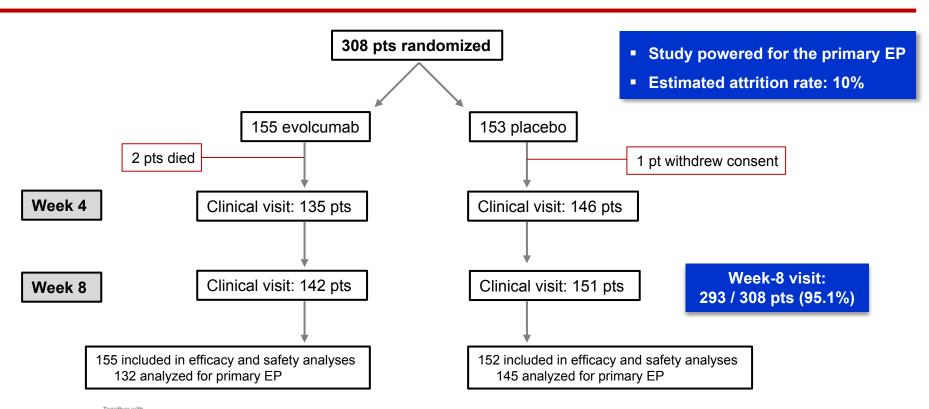


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Trial registration: clinicaltrials.gov; NCT03287609

Flowchart





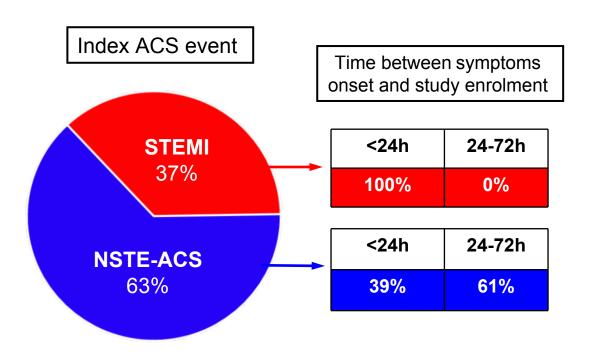


Results: Baseline Characteristics

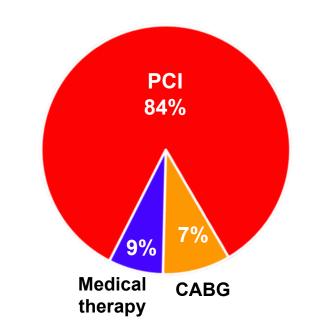
| | Evolocumab n=155 | Placebo n=153 |
|---------------------------------------|---------------------|------------------|
| Age (years) | 60.5 ± 12.0 | 61.0 ± 10.7 |
| Male gender, n (%) | 128 (83) | 123 (80) |
| Diabetes mellitus, n (%) | 23 (15) | 24 (16) |
| Arterial hypertension, n (%) | 79 (51) | 85 (56) |
| Active smoking, n (%) | 64 (41) | 46 (30) |
| Previous myocardial infarction, n (%) | 24 (15) | 19 (12) |
| Previous PCI, n (%) | 25 (16) | 23 (15) |
| Previous CABG, n (%) | 5 (3) | 4 (3) |
| Peripheral arterial disease, n (%) | 4 (3) | 4 (3) |
| History of stroke / TIA, n (%) | 7 (4) | 0 (0) |



Results: Index ACS event



Treatment of index ACS event

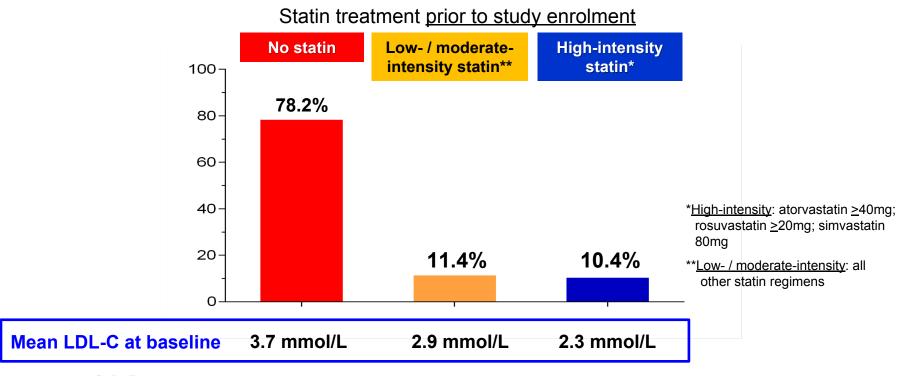


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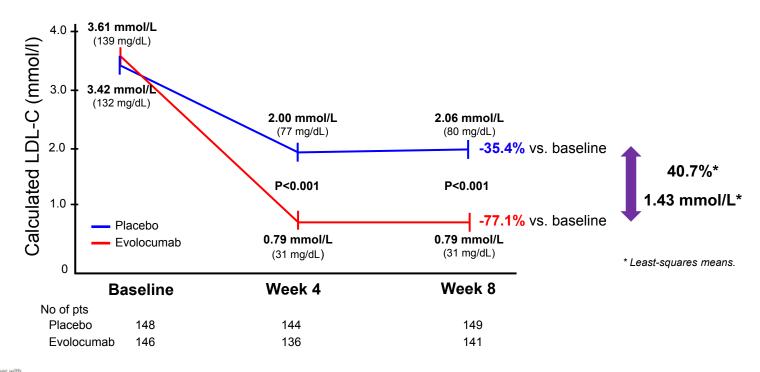
Results: Statin Treatment at Baseline







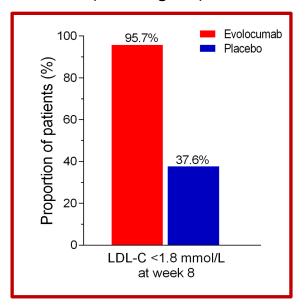
Primary endpoint: % Change in LDL-C at 8 wks



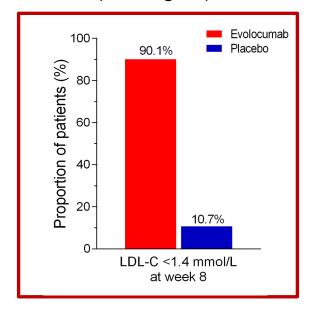


Achievement of LDL-C Treatment Targets

LDL-C target <1.8 mmol/L (<70 mg/dL)



LDL-C target <1.4 mmol/L (<55 mg/dL)





Primary EP: Key Subgroups

| | Evolocumab | Placebo | Calculated LDL-C | interaction |
|-----------------------|----------------------|----------------------|-------------------------|-------------|
| | mean ± sd | mean ± sd | Mean difference (95% CI | p-value |
| | | | -80 -60 -40 -20 | |
| Overall | ·77.07 ± 15.78 [132] | -35.38 ± 26.61 [145] | • | |
| Statin at baseline | | | | <0.001 |
| yes | -63.89 ± 24.83 [26] | -8.05 ± 30.81 [34] | | |
| no | -80.30 ± 10.50 [106] | -43.75 ± 18.46 [111] | • | |
| Clinical presentation | n | | | 0.42 |
| STEMI | -80.52 ± 12.83 [58] | -42.68 ± 21.15 [45] | • | |
| NSTE-ACS | -74.36 ± 17.36 [74] | -32.09 ± 28.21 [100] | - ■• | |
| Age | | | | 0.90 |
| <65years | -78.88 ± 13.90 [89] | -37.05 ± 26.83 [95] | • | |
| ≥65years | -73.31 ± 18.72 [43] | -32.21 ± 26.17 [50] | | |
| Gender | | | | 0.69 |
| male | -78.08 ± 15.80 [109] | -35.99 ± 26.41 [116] | • | |
| female | -72.26 ± 15.11 [23] | -32.93 ± 27.72 [29] | | |



Secondary EP: Safety

| | Evolocumab | Placebo | p-value |
|---|------------|-----------|---------|
| Any adverse event | 78 (50.3) | 77 (50.7) | 0.72 |
| Serious adverse event | 12 (7.7) | 11 (7.2) | 0.84 |
| Adverse event resulting in IP discontinuation | 2 (1.3) | 3 (2.0) | 0.65 |
| Events of special interest | | | |
| ALT increase >3x ULN | 2 (1.3) | 2 (1.3) | 0.97 |
| Symptomatic overdose | 0 (0.0) | 0 (0.0) | - |
| General allergic reaction | 1 (0.6) | 0 (0.0) | 1.00 |
| Local injection site reaction | 5 (3.2) | 3 (2.0) | 0.48 |
| Pregnancy | 0 (0.0) | 0 (0.0) | - |
| Neurocognitive event | 1 (0.6) | 0 (0.0) | 1.00 |
| Muscle pain | 9 (5.8) | 4 (2.6) | 0.16 |
| Nasopharyngitis | 4 (2.6) | 3 (2.0) | 0.71 |
| Diarrhoea | 6 (3.9) | 3 (2.0) | 0.30 |

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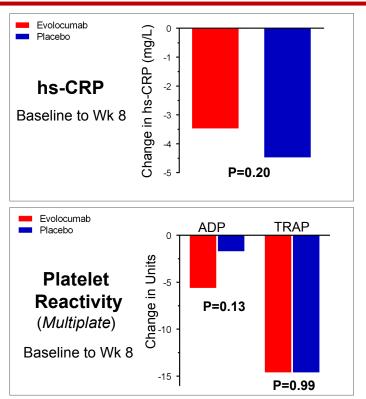
Adjudicated CV Events

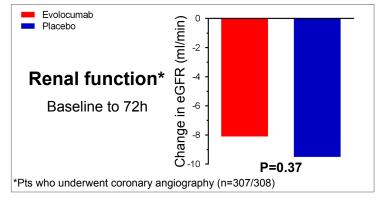
| | Evolocumab | Placebo | p-value |
|-----------------------------------|------------|-----------|---------|
| | n=155 | n=152 | |
| All-cause death | 2 (1.3) | 0 (0.0) | 0.50 |
| Cardiovascular death | 2 (1.3) | 0 (0.0) | 0.50 |
| Myocardial infarction | 4 (2.6) | 1 (0.7) | 0.17 |
| Cerebrovascular event | 1 (0.6) | 0 (0.0) | 1.00 |
| Myocardial revascularization | 33 (21.3) | 39 (25.7) | 0.39 |
| TLR | 0 (0.0) | 1 (0.7) | 0.50 |
| Staged procedure | 32 (20.6) | 38 (25.0) | 0.39 |
| Other revascularization | 2 (1.3) | 0 (0.0) | 0.50 |
| Hospitalization for recurrent ACS | 0 (0.0) | 1 (0.7) | 0.50 |
| Hospitalization for HF | 0 (0.0) | 0 (0.0) | - |

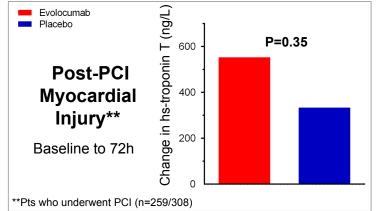




Exploratory Endpoints







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Limitations

- The study was not powered to assess clinical outcomes.
 - Larger, longer-term studies should further investigate evolocumab in the acute ACS setting, also assessing potential effects on clinical outcomes.
- Although 95% of patients completed the final (week 8) clinical visit, the primary endpoint (change in calculated LDL-C) was available in 90% of patients.
 - However, an ancillary analysis of directly measured LDL-C (available in 94% of pts) showed consistent results.
- Lipid levels were measured 4 weeks after the first study drug administration; thus, earlier effects of evolocumab could not be assessed.





Summary

In patients presenting with ACS and elevated LDL-C levels, in-hospital initiation of evolocumab on top of high-intensity statin therapy for 8 weeks:

- Achieved average LDL-C levels of **0.79 mmol/L** vs. **2.06 mmol/L** with statin alone
- Rendered >90% of patients (vs. 11% of placebo-treated patients) within currently recommended target levels
- Was **safe** and **well tolerated** during the short duration of the study
- Did not result in measurable differences in surrogate outcomes:
 - Inflammatory biomarkers
 - Platelet reactivity
 - Acute kidney injury
 - Myocardial injury





Conclusions

- In this first randomized trial assessing a PCSK9 antibody in the very high-risk acute setting of ACS, evolocumab added to high-intensity statin therapy resulted in substantial reduction in LDL-C levels without raising safety concerns.
- The clinical impact of very early LDL-C lowering with evolocumab initiated in the acute setting of ACS warrants further investigation in a dedicated CV outcomes trial.

Evolocumab for Early Reduction of LDL-Cholesterol Levels in Patients with Acute Coronary Syndromes (EVOPACS)

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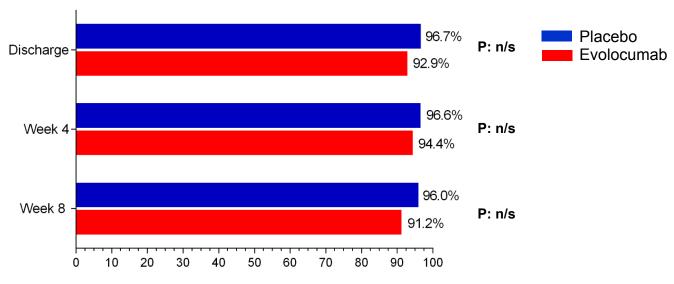
https://doi.org/10.1016/j.jacc.2019.08.010

BACKUP SLIDES

Results: Adherence to Background Statin Therapy



(atorvastatin 40 / 80mg*)



Proportion of patients receiving atorvastatin 40 / 80 mg over time (%)

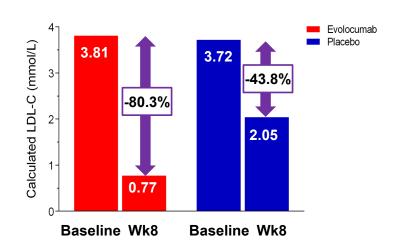


^{*} Patients who had been taking a statin more potent than atorvastatin 40mg prior to enrolment (i.e. atorvastatin >40, rosuvastatin >20) received atorvastatin 80mg during the study



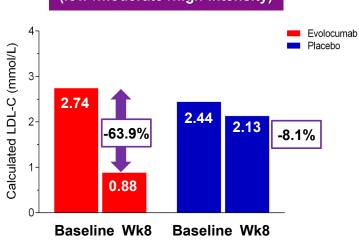


No prior statin



 Δ between treatment groups: **-36.5%**

Prior statin (low-/moderate-/high-intensity)

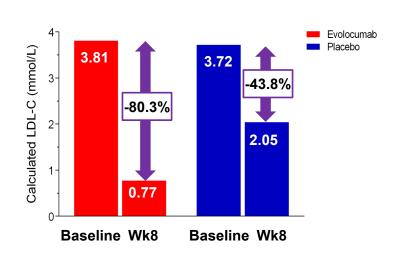


 Δ between treatment groups: **-55.8%**

Change in LDL-C in relation to **pre-enrolment** statin treatment

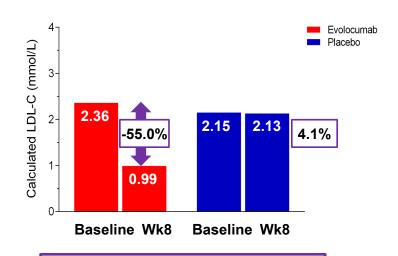


No statin



 Δ between treatment groups: **-36.5%**

High-intensity statin



 Δ between treatment groups: **-58.3%**